

21 DAYS OF PRAYER & FASTING

KIDS PRAYER GUIDE



Awaken Kids,

We are about to embark on an exciting adventure! For the next 21 days our entire church is coming together to pray. Maybe you've never thought of prayer as an adventure, but talking with God is one of the most exciting, most life-changing things we can do!

Think about it: when you talk to God you are talking to the one who created EVERYTHING! The moon, the sun, the stars, the ocean and YOU! Prayer is your way to connect with the God who made you, who loves you, and you want a relationship with you!

The more we learn about prayer, the easier it becomes. The easier it becomes, the more fun it is! Praying and talking with Jesus should be the best part of our day! Did you know that you can pray:

Before the day begins
Before you go to school
Before you hang out with your friends
Before practice or a big game
Before you go to bed
When something bad happens
When something good happens
In every situation - **PRAY FIRST!**

At Awaken we say this: Prayer is not our last resort, but our first response and prayer is like breathing! We should never stop praying!

Over these next 21 days, we are praying for you and so excited to see what God does in your life in the coming days!

**YOUR PASTORS AND STAFF,
AWAKEN CHURCH**

Parents & Caregivers,

The next 21 days could change your family forever. I know how hard it can be to try to manage all of the things. Relationships, finances, jobs, extracurriculars, homework, attitudes, hearts. You may be holding this prayer guide in your hand thinking that the last thing you need is ANOTHER thing to do, but this is not just another thing to DO. This is an invitation to a new way to LIVE.

In the whirring hurry of our world and all of its demands, we often leave very little time to connect with God. He alone is our source of hope, strength, joy, and love. Sure, we can get by on our own for a bit, but why settle for just getting by when God invites us to live an extraordinary, abundant life?

For the next 21 days, you and your family are invited to press pause on pushing through, and to instead pursue God first. If you normally don't pray out loud with or in front of your kids, it might feel awkward at first, but I ask you to keep doing it! I know that we all want our children to have incredible prayer lives, and one of the best ways we can help to make that happen is to show them how.

Our prayer for your family is that you are marked by the power and presence of God! I anxiously await to see how God moves in our church and in our homes as we join together and purposefully seek Him. It is truly my joy to partner with you as you lead your kids in their relationship with Jesus.

**YOUR PASTORS AND STAFF,
AWAKEN CHURCH**

1 READ: Psalm 63:1-2

"You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water.

I have seen you in the sanctuary and beheld your power and your glory."

2 TALK ABOUT IT:

Think about a time when you have seen God's power in your life.

Talk about it with your family.

3 PRAY ABOUT IT:

Take some time to pray. Thank God for a few things. Then, let Him know your concerns. Write what you prayed about below.

WHERE DO YOU FEEL
MOST CONNECTED TO GOD? DRAW
A PICTURE OF THAT PLACE.

1 READ: Deuteronomy 31:6

“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you.”

2 TALK ABOUT IT:

What is one thing you are afraid of?
Think about a time when you overcame a fear.
Talk about it with your family.

3 PRAY ABOUT IT:

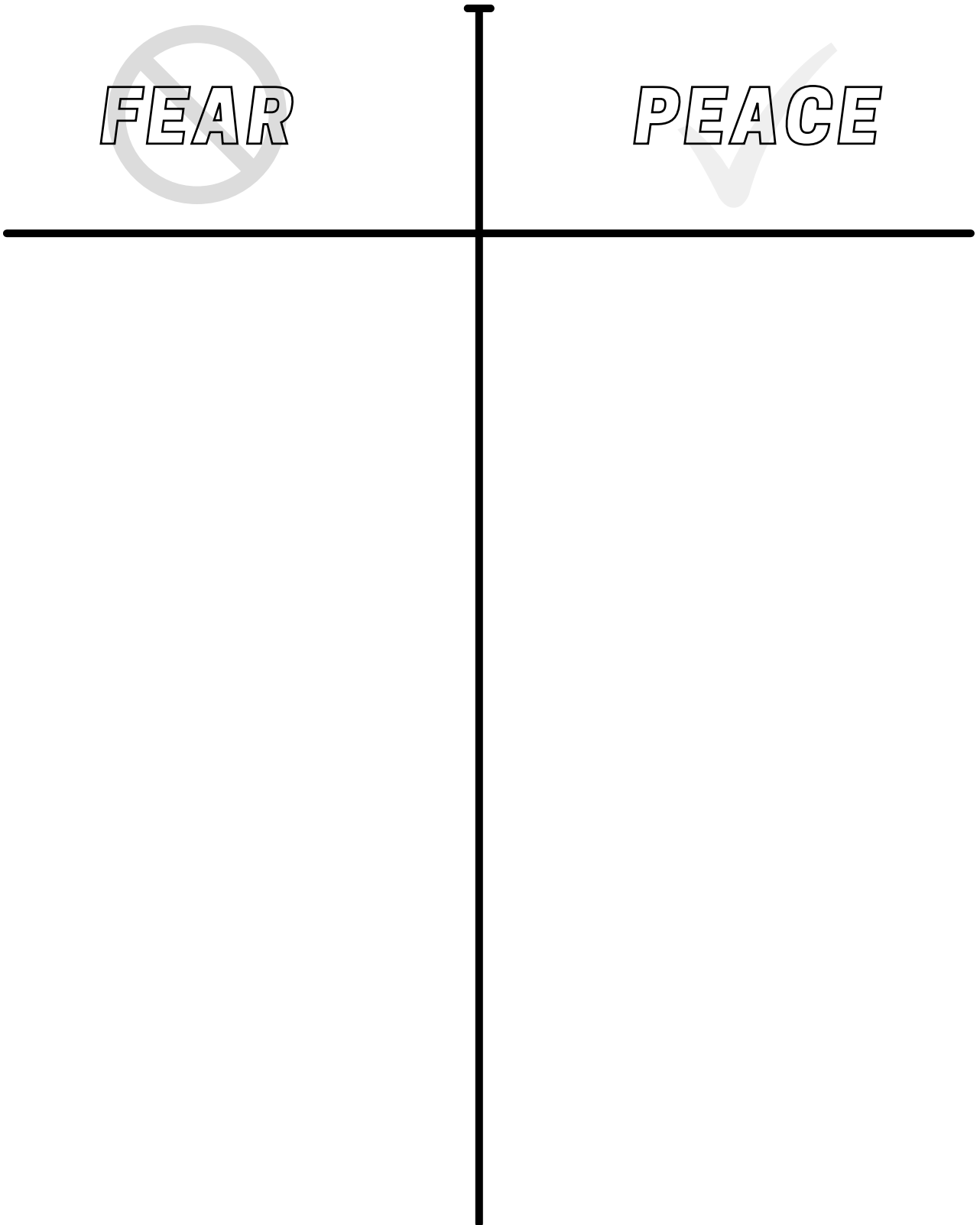
PRAY THIS PRAYER:

Today I pray against the spirit of fear.
I command it to go away by the authority that you have given me by Your name.
I ask that you would give me peace, perfect love that casts out fear and complete confidence in You!
Thank you that I don't have to be afraid.
Thank you that you are in control.
Thank you that you love me.
In Jesus' name, Amen.

LIST THINGS YOU DON'T NEED TO
BE AFRAID OF AND THINGS YOU
CAN HAVE PEACE ABOUT!

**FEAR**

**PEACE**



1 READ: John 16:33

"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."

2 TALK ABOUT IT:

We can take heart, or in other words be courageous, because God has promised us that even though trouble will come our way He has already conquered the world! How does knowing this give you courage to face hard times?

3 PRAY ABOUT IT:

PRAY THIS PRAYER:

Jesus,

Thank you that I am important to you.

Thank you that you will cover me with the protection of your blood and surround me with your presence.

I run to the name of Jesus, my strong tower.

Thank you for being my rock and strong defender.

Please protect me and my family from every evil attack.

In Jesus' name, Amen.

DRAW LINES
TO MATCH WHO GOD IS WITH
WHAT HE CAN DO:

| | | | |
|-----------|---|---|---|
| Healer | ● | ● | God is on my side and will fight for me |
| Friend | ● | ● | God is in charge and wants the best for me |
| Peace | ● | ● | I will choose joy because God is my joy. |
| Forgiver | ● | ● | He is my hope for every situation |
| Love | ● | ● | He forgives me for anything I have done and will do |
| Hope | ● | ● | Jesus loves me unconditionally |
| Joy | ● | ● | He brings me peace no matter what I go through |
| King | ● | ● | God is always with me |
| Protector | ● | ● | God heals our hearts and our diseases |

1 READ: Matthew 6:31-33

“So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

2 TALK ABOUT IT:

Verse 33 says to “seek first.” How can you seek God first every day?

3 PRAY ABOUT IT:

Spend time asking God to show you where you need to put Him first in your life. Ask God to search your heart and then commit to putting Him first. Write what you prayed about below.

WHEN WE GET BUSY, IT IS EASY TO FORGET
THAT GOD TAKES SUCH GOOD CARE OF US.

BELOW, DRAW PICTURES OF ALL
THE AMAZING WAYS GOD HAS TAKEN
CARE OF YOU AND YOUR FAMILY.

(HINTS: FOOD, WATER, FRIENDS, FAMILY,
TOYS, BOOKS)

1 READ: Ephesians 2:10

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

2 TALK ABOUT IT:

What are some unique qualities God has given you? Talk about them with your family and how you can use them to glorify God and serve others..

3 PRAY ABOUT IT:

Take some time to pray and thank God for how He has created you; wonderful, unique, and one of a kind. Pray that God would grow a desire in your heart to do good works so that others may know Him.

HERE IS A JUMP START TO PRAYING. FILL IN
THE BLANKS BELOW AND ADD YOUR OWN
PRAISE AND WORSHIP AS YOU TALK TO
JESUS ABOUT HOW GREAT HE IS.

Hi Jesus!

I love you so much!

- Thank you for _____!
- I love that you created _____!
- When I'm outside, I notice _____
_____ in your beautiful
creation!
- God you made me. Thank you for my ability
to _____!

You love me for who I am, no matter what.

Thank you for being my God and my friend. I love
you!

In Jesus' name, Amen!

1 READ: 1 Chronicles 16:8-12

"Give praise to the Lord, proclaim his name; make known among the nations what He has done. Sing to Him, sing praise to Him; tell of all His wonderful acts. Glory in His holy name; let the hearts of those who seek the Lord rejoice. Look to the Lord and His strength; seek His face always. Remember the wonders He has done, His miracles, and the judgments He pronounced."

2 TALK ABOUT IT:

This passage reminds us to tell of all God has done. Who is someone in your life that needs to hear about the goodness and faithfulness of God? How can you share this good news with them this week? Make a plan and follow through!

3 PRAY ABOUT IT:

Take some time to pray for those you know that don't know Jesus or have a relationship with him. Ask God to give you boldness and courage to share the Good News and for them to repent and be saved.

START A NEW FAMILY TRADITION. EVERY TIME
GOD DOES SOMETHING COOL AND AMAZING
FOR YOUR FAMILY, WRITE IT DOWN ON A SLIP
OF PAPER AND PUT IT IN A JAR.

IN ONE YEAR, HAVE A FAMILY NIGHT
WHEN YOU GATHER TOGETHER TO
READ ALL OF THE THINGS YOU WROTE
DOWN.

(YUMMY SNACKS ARE ALWAYS FUN
ON FAMILY NIGHTS!)

1 READ: Philippians 4:4-9

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.”

2 TALK ABOUT IT:

What are some things you can say thank you to God for?

Why does Paul tell us to “think about such things”?

3 PRAY ABOUT IT:

Rejoice, praise and honor God for who He is and what He has done in your life. Pray that you would rejoice in all things and that you would keep your eyes fixed on Christ.

OUR THOUGHTS ARE A BIG DEAL.

THESE VERSES TELL US
TO THINK ABOUT WHATEVER IS:
TRUE, NOBLE, RIGHT, PURE,
LOVELY, ADMIRABLE, EXCELLENT,
AND PRAISEWORTHY.

WRITE DOWN BELOW EXAMPLES OF WHAT
WE SHOULD BE THINKING ABOUT.

1 READ: Isaiah 40:31

“But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”

2 TALK ABOUT IT:

Waiting often feels like the opposite of moving forward. However, waiting on God (expecting hopefully for Him to move on our behalf) gives us strength and endurance to live well. What are you waiting on God for? Talk about the answer with your family.

3 PRAY ABOUT IT:

Pray and ask God to give you patience and endurance as you wait. Thank Him for working out all things, in His time, for our good and His glory!

JUST FOR FUN, HAVE A GAME NIGHT
TOGETHER!

(Practical way to practice waiting and patience!)

1 READ: Galatians 5:22-23

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.”

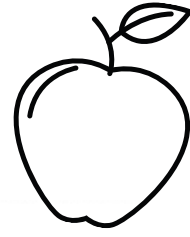
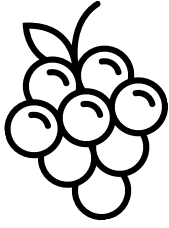
2 TALK ABOUT IT:

How has the fruit of the Spirit in others shown you more about God?

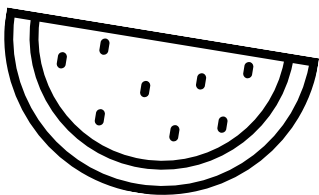
How can living a life that shows the fruit of the Spirit in action make us look and live differently? What makes it hard to live these out?

3 PRAY ABOUT IT:

Pray and ask God to grow these fruits in your life so that we will be known to others by this good fruit.



LOVE, joy, PEACE,
PATIENCE,
KINDNESS, goodness,
FAITHFULNESS,
GENTLENESS, and
SELF-CONTROL.



1 READ: Matthew 7:7-12

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask Him! So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.”

2 TALK ABOUT IT:

What doors are you praying for God to open?

3 PRAY ABOUT IT:

Pray and thank God that He cares for you. Ask in faith for what you need, knowing that God hears you and will answer you with a yes, no, or not yet! Praise Him for knowing exactly what you need and when you need it.

**"DO TO OTHERS WHAT YOU WOULD
HAVE THEM DO TO YOU."**

HOW DO YOU LIKE TO BE TREATED?

WRITE DOWN WHO YOU CAN SHOW
HONOR TO IN THE SAME WAY THAT YOU
WOULD LIKE TO BE HONORED.

THIS WEEK, SERVE THEM WITH A JOYFUL
HEART!

1 READ: Matthew 25:14-30

Read this story in your Bible or using the Bible app on your phone!

2 TALK ABOUT IT:

What are some things you are good at?
How can you use your talents and gifts to glorify God?

3 PRAY ABOUT IT:

Pray and thank God for the Holy Spirit that helps us use our talents and gifts, leads us, equips us and grows us.

JUST FOR FUN.

PLAN A FAMILY TALENT SHOW!
IT CAN BE SWEET AND SIMPLE.

ONE NIGHT AFTER DINNER,
GATHER IN THE LIVING ROOM
AND SHARE YOUR AMAZING AND
UNIQUE TALENTS WITH EACH OTHER.

1 READ: Hebrews 11

Read this chapter in your Bible or using the Bible app on your phone!

2 TALK ABOUT IT:

Which one of these examples of faith stands out to you the most and why?
Share your answer with your family.

3 PRAY ABOUT IT:

Pray and ask God to give your family faith to trust what He says and obedience to follow Him. Thank God for being faithful and able to do more than we could ever imagine through us.

HOW WOULD YOU WANT YOUR
"BY FAITH" STORY TO READ?
WRITE IT IN THE SPACE BELOW.

1 READ: Matthew 11:28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

2 TALK ABOUT IT:

What are some ways you find rest? Make time this week to enter into rest and enjoy time in God’s presence. Maybe that’s going to church, listening to and singing worship music, reading the Bible or serving a friend.

3 PRAY ABOUT IT:

Take time to just be quiet before the Lord.

FILL UP A BACKPACK TO OVERFLOWING
WITH HEAVY ITEMS ONE-BY-ONE.

(EXAMPLES: TEXTBOOKS, WEIGHTS,
WATER BOTTLES, ETC.)

FOR EACH ITEM, SAY SOMETHING
THAT CAN BE A HEAVY BURDEN.

LET EVERYONE IN THE FAMILY TRY
TO CARRY THE HEAVY BACKPACK.

THEN, EMPTY THE BACKPACK
AND SEE HOW IT FEELS WITHOUT
THE WEIGHT.

TALK ABOUT THE HEAVY
WEIGHT AND HOW JESUS CAN CARRY
OUR BURDENS FOR US.

1 READ: Philippians 4:19

“And my God will supply every need of yours according to his riches in glory in Christ Jesus.”

2 TALK ABOUT IT:

When have you seen God come through with a need in your life?

Spend time sharing about it as a family.

3 PRAY ABOUT IT:

Pray for those around you who are in need and that they would rest in Christ knowing that He is our Jehovah Jireh, our provider.

PRAY THIS PRAYER OVER YOUR FAMILY

Today I thank you for my family.

I thank you that you love us and want the best for us.

I pray you would give (say their names) and I wisdom today to make good choices and to do the things you would want us to do.

I pray that you will help us be a blessing to others and influence the world for you.

I pray you will lead us and guide us through each day and I pray that you will watch over everything we do.

Thank you for supplying all our needs and for the gift of your Son Jesus.

1 READ: Matthew 5:13-16

“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. “You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

2 TALK ABOUT IT:

What does it mean to be salt and light?

How are you or can you be salt and light to the world around you?

3 PRAY ABOUT IT:

Pray for all the churches in Columbia, in South Carolina, the United States and all over the world that we would be salt and light to those around us.

TURN OFF ALL THE LIGHTS IN YOUR HOUSE.

LIGHT A CANDLE AND TAKE A MOMENT
TO NOTICE HOW ONE SINGLE FLAME
LIGHTS UP THE WHOLE ROOM. THIS IS HOW
WE, AS FOLLOWERS OF JESUS, LIGHT UP
THE WORLD AROUND US!

PRAY TOGETHER, ASKING GOD TO HELP YOU
SHINE BRIGHT WITH HIS LIFE AND LOVE
TO THOSE AROUND YOU.

1 READ: Matthew 19:26

"But Jesus looked at them and said, 'With man this is impossible, but with God all things are possible.'"

2 TALK ABOUT IT:

What stories in the Bible seemed impossible.
Something only God could have done?

What are some things in your life that seem impossible? What would it look like if you involved God in these things?

3 PRAY ABOUT IT:

Pray for God to do the impossible in your life. Praise God that He is so BIG and so MIGHTY and in control of everything.

DRAW A STORY FROM THE THE BIBLE THAT
SHOWS OFF GOD'S AWESOMENESS!

1 READ: Luke 11:1 and Matt. 6:9

"One day Jesus was praying in a certain place. When He finished, one of his disciples said to him, "Lord teach us to pray..."

"This, then, is how you should pray, "Our Father in heaven, hallowed be Your name."

2 TALK ABOUT IT:

Discuss with each other how God is like our Father. Talk about why it is sometimes hard to pray.

3 PRAY ABOUT IT:

Pray to your heavenly Father. Thank Him for taking care of you then close your eyes and pretend you are sitting on His lap. What would you tell him.

BRAINSTORM BELOW A LIST OF NAMES
THAT THE BIBLE USES FOR GOD. CIRCLE
WHICH ONE MEANS THE MOST TO YOU AND
SHARE WITH YOUR FAMILY WHY?

1 READ: Matthew 6:9-10

"This then, is how you should pray, "Our Father in heaven, hallowed be Your name. Your Kingdom come. Your will be done. On earth as it is in heaven.

2 TALK ABOUT IT:

The best thing we could ever want is what God wants. Discuss things that God wants to see happen here on earth.

3 PRAY ABOUT IT:

Pray to your heavenly Father that He would show you through His Word what He wants for you to do to help His kingdom come.

DRAW ONE WAY YOUR FAMILY CAN
WORSHIP JESUS.

1 READ: Matthew 6:9-11 and Psalm 121:1-2

"This then, is how you should pray, "Our Father in heaven, hallowed be Your name." Your Kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread..."

"I look up to the mountains - where does my help come from? My help comes from the Lord, who made the heavens and the earth."

2 TALK ABOUT IT:

Talk about the difference between our needs and our wants.

How can we be happy with just the things we need?

3 PRAY ABOUT IT:

Pray and thank God for all that He gives you and for always meeting your needs. Thank Him for sending Jesus. to meet our greatest need.

MAKE A LIST COMPARING YOUR DAILY
NEEDS VERSUS YOUR WANTS.

Then pray that God would help you be content with just
what you need.

Needs

Wants

| Needs | Wants |
|-------|-------|
| | |

1 READ: Matthew 6:9-12 and 1 John 1:9

"This then, is how you should pray, "Our Father in heaven, hallowed be Your name." Your Kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts as we forgive our debtors."

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

2 TALK ABOUT IT:

What do you need to ask forgiveness for?

What do you need to forgive someone for?

What does God promise when it comes to forgiveness.

3 PRAY ABOUT IT:

Confess your sins to God. Ask for forgiveness and thank Him that as far as the east is from the west that's how far He removes our sins from us.

ONCE YOU HAVE PRAYED, COLOR IN THE
SENTENCE BELOW

I AM
FORGIVEN

I CAN
FORGIVE

1 READ: Matthew 6:9-13 and Ephesians 6:12

"This then, is how you should pray, "Our Father in heaven, hallowed be Your name." Your Kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts as we forgive our debtors. Lead us not into temptation, but deliver us from the evil one."

"For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."

2 TALK ABOUT IT:

Who is the evil one?

How can we fight against him?

3 PRAY ABOUT IT:

Pray and thank God that He has overcome Satan and we can be victorious in Christ!

GOD'S WORD IS TRUTH. WE CAN REPLACE ANY LIE THE ENEMY HAS TOLD US WITH THE TRUTH OF GOD'S WORD.

Below, replace the lies you may have heard with what God says is truth.

LIE I HAVE HEARD

TRUTH

"I'm not smart." _____

"I'm ugly." _____

"I'm not good at anything." _____

"Nobody likes me." _____

"If I lie, I won't get in trouble." _____

Write down your own lies and replace it with the truth.

MY PRAYER JOURNAL

MY PRAYER NEEDS

MY PRAYER FOR OTHERS

ANSWERED PRAYER